

## Return to Form: NDINAVIA Arlo Mountford

November 8 -29 2008

Gallery

**Return to Form: NDINAVIA** is a new video work by Arlo Mountford. Based upon an idea the artist can't remember having, the work is an investigation into the validity of ideas and the necessary trust the audience must place in the artist.

Shot briefly in Venice and mostly in the Victorian Alps this video work is a short humorous narrative involving a Drunk, a Deer, a Polar Bear and a Wanderer.

With its tongue placed firmly in cheek **Return to Form: NDINAVIA** investigates the inception of an artistic idea and follows it through to its resolved conclusion. It takes the spontaneous ramblings of a drunken rant and treats them seriously making them physical, eventually leaving it up to the audience to make up their own minds as to whether it is a good idea or not.

Arlo works primarily with large-scale interactive installations paired with sound, video and animation. His humorous and often sardonic approach explores art history and the contextual relationship between contemporary art practice and its perceived past. Recently Arlo has completed a number of animations in which characters re-interpret art historical events, works and ideas in an attempt to decipher their own environments, situations and even their existence.

Arlo Mountford is based in Melbourne. In 2003 he took up a studio residency at Gertrude Contemporary Art Spaces. Arlo has been included in numerous group exhibitions including the ShContemporary: Best of Discovery Asia Pacific Contemporary Art Fair (2008), Adelaide Biennial (2006); and Heide Museum of Modern Art (2006). Arlo's most recent solo exhibitions have been at Gertrude Contemporary Art Spaces (2007) and Conical (2006). In 2007 Arlo was awarded the ABN AMRO Emerging Artist Award and has recently returned from a residency at the Frank Mohr Institute, Groningen, Netherlands (2008).

Arlo exhibits regularly in both artist run and public galleries nationally and internationally.